



CAVOS

newsletter

Spring 2011

Promote your group through CAVOS!

Don't forget if you have any events on over the next few months then let CAVOS know!

From weekly activities and special events to any successful news about your group...we want to hear about it!

If you would like to include details of your organisation's activities, events or news stories in the networking section of our newsletter then send your information to us.

We'll also feature details of your activities in the events section of our e-bulletins and even add an article on our website.

Local groups and organisations can advertise their activities through CAVOS absolutely FREE!

What do you have to lose? Ring CAVOS on 01388 811115 or email enquiries@cavos.org.uk with your info.

Combat the cuts with CAVOS

'innovation, motivation, celebration'

Friday 27th May @ Spennymoor Town Hall

Due to the popularity of our previous networking events and funders fairs, we've decided to continue to the trend into 2011...but this year we're adding a twist!

Similar to previous years, the venue will be set up in a marketplace style with community groups and local funders having their own free stalls to promote their activities and good work.

What's the twist?

Innovation: This year we're looking for groups who have had success in getting money in new and innovative ways to come along to share and promote their brilliant ideas.

Motivation: Chat 1-on-1 with other groups who've had great success and find out how they did it so you can try it too!

Celebration: Promote your group, tell everyone how great you are & share thoughts on how others can follow in your footsteps!

Let's combat the cuts together by innovating, motivating, celebrating and have thoroughly enjoyable day!

This event will be packed with opportunities to chat, network, share ideas and get excited about your group's future!

Refreshments will be available free of charge throughout the event
Entry is free but booking is required if you'd like a stall on the day.

Please contact CAVOS if you have any innovative, interesting creative or unusual funding success that you'd like to share!

If you have any queries relating to this newsletter, or would like an article published in the next issue please contact us:

Tel: 01388 811115 Fax: 01388 817772

Email: enquiries@cavos.org.uk www.cavos.org.uk

Volunteers' Week 2011

1st - 7th June

Keep an eye out for details of what the Volunteer Centre will be getting up to during Volunteers' Week



Volunteer Awards Evening 2011

This year's Awards evening will be one not to miss!

Wednesday 8th June 2011 @ Spennymoor Town Hall

Get your nominations in!!

Tickets to the Awards evening will go fast so contact CAVOS to book your place



2011 is the European Year of Volunteering

This year is also the European Year of Volunteering 2011. The year's slogan is "**Volunteer! Make a difference**".

The official website is <http://europa.eu/volunteering/>

If your group or organisation would like to involve more volunteering during the European Year of Volunteering then contact the Volunteer Centre at CAVOS on 01388 811115 for advice and information on the best way forward.

Not only can we provide you with a great brokerage scheme that matches potential volunteers to your organisation, we can also help you to advertise your group, help you get the right systems in place to manage and support your volunteers and we can also offer you some fantastic free training.

Our training course 'How to be a Brilliant Organisation' is an absolute must for groups and organisations that involve volunteers. It gives you loads of innovative ideas and tips on how to make the best of your organisation and what you need to do to get more volunteers involved (see our yellow training programme for details).

If you would like to 'make a difference' by involving more volunteers in your organisation then contact the Volunteer Centre at CAVOS to chat about how we can support you to do just that!

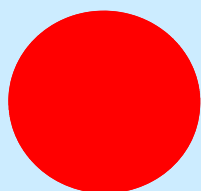
Let CAVOS help you to 'keep kids safe'

CAVOS has been funded through the Sedgefield Local Children's Board to provide our 'Voluntary Sector Participation Project'.

This project provides support to Voluntary Sector organisations to help them through the uncertainties of keeping children and young people safe from harm: including what to do, how and when to do it. We can provide a wide range of information, advice, bespoke training and best practice to your group so you're aware of what you need to know to keep kids safe!

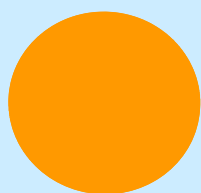
'Never Do Nothing'

A key part of this project is our '**Never Do Nothing**' campaign which supports volunteers and groups to clearly identify a course of action if you suspect a child is in danger of harm and so you know that there is always something that you can do.



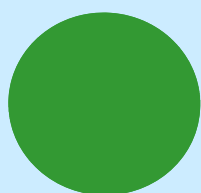
Report

The principle is that there is always something you can do, so 'Never Do Nothing'. The campaign is focussed around the CAVOS traffic light system which tells you which course of action to take (*report, support or monitor*) and also tells you what to do next.



Support

You may have seen or heard about the campaign through our Safeguarding Support Packs which are available to organisations to work in line with best practice to keep children and young people safe.



Monitor

The **Safeguarding Support Pack** is FREE and contains a wealth of valuable information to keep you on track with safeguarding children. It contains a wide range of factsheets on topics such as the Vetting and Barring Scheme and Every Child Matters. It also contains a fantastic Child Protection policy template and a range of our brilliant new 'How To' Guides. Contact CAVOS for your FREE support pack (01388 811115).

CAVOS owns the copyright to 'Never Do Nothing' and we have plans to take it a long way! It's a great idea after all. The campaign will be launched at our big event on Friday 27th May 2011 'Combat the Cuts with CAVOS'.

If you'd like to know more about this brilliant campaign and how you can use it in your own organisation then please come along to this event. Free 'Never Do Nothing' information packs will be available on the day. If you can't wait until then, contact CAVOS for a Safeguarding Support Pack which contains some basic information on the traffic light system.

Lets Lunch on 5th June 2011

The Big Lunch is a very simple idea from the Eden Project. The aim is to get as many people as possible across the whole of the UK to have lunch with their neighbours in a simple act of community, friendship and fun. This year it's happening on Sunday 5th June and a record number of people are expected to take part - why not be one of them?

The aim is of the Big Lunch is that neighbours get acquainted with one another in an effort to strengthen communities so people will feel safer and more motivated to start running or getting involved with other local activities.

A Big Lunch can be anything from a few neighbours getting together in the garden or on the street, to a full blown party with food, music and decoration that quite literally stops the traffic.

Since starting in 2009, thousands of Big Lunches have taken place in all kinds of communities across the UK and the best part of a million people get involved each year.

Free starter packs are available for people wanting to organise their own 'Big Lunch'. Alternatively, you can easily find out where your local 'Big Lunch' is taking place.

All of the information you need is available at www.thebiglunch.com You can also ring 0845 850 8181 to find out more

Charitable Incorporated Organisation (CIO) 2011 update

The Charity Commission has published guidance on the Charitable Incorporated Organisation (CIO) legal form although the legislation has not yet been brought into operation. Included are two model constitutions for CIOs, the foundation model where the only voting members will be the charity trustees, and the association model for charities that will have a wider membership.

Go to the 'Online Resources' page of the CAVOS website to access the link to the guidance or contact the Charity Commission on 0845 300 0218 for more information.

Go to page 8 of this newsletter for some additional guidance on charity registration

Additional Paternity Leave - new rules take effect

Fathers of babies due on or after 3rd April 2011 could have the right to up to 26 weeks' Additional Paternity Leave if their partner plans to return to work.

This Additional Paternity Leave allows employed fathers to take up to an extra 26 weeks leave to care for their new baby, if the mother returns to work before the end of her maternity leave. It can be taken anytime from 20 weeks after the child is born, but it must have finished by the child's first birthday. Standard rates of statutory maternity, paternity and adoption pay will also increase from £124.88 to £128.73 per week from 3rd April 2011.

More information is available from www.direct.gov.uk - simply follow the links for Parents > Money & Work Entitlements > Paternity Rights in the Workplace.

If you aren't online, contact CAVOS on 01388 811115 and we will print the website information for you.

Changes to Default Retirement Age

The Default Retirement Age (DRA) will be phased out between 6th April and 30th September 2011. The change gives people the freedom to continue working for longer and should also provide a boost to the UK economy. These new regulations apply to anyone who is 65 or over by 30 September 2011.

Only people who were notified before 6th April, and whose retirement date is before 1st

October, can still take compulsory retirement. There will still be exceptions to these new rules. Employers may continue to have a compulsory retirement age, but must be able to prove it is justified if challenged at a Tribunal.

Acas has developed an advisory booklet for employers to inform them of how the removal of the DRA may affect them. This may be useful to any organisations who employ staff and is available to download from the 'Online Resources' Page of the CAVOS website.

You can also contact CAVOS for a paper copy. If you are interested in finding out more about Employment Law, CAVOS is offering a free, training course (see the yellow training programme for details)

Big Society Update

The Big Society is David Cameron's 'big idea' to change the relationship between citizens, the Voluntary and Community Sector and the state. This includes the radical transformation of public services – giving local people and not-for-profit organisations the opportunity to take over the running of public services. CAVOS continues to provide ongoing updates on the Big Society and how our sector will be affected. Checkout the information below about the Big Society Awards and the new Protection of Freedoms Bill.



The Big Society Awards

You may have heard that the Government has launched a Big Society Awards scheme, the first two rounds have already been and gone! However, the Awards are an ongoing process and judging takes place every 3 months.

Who can be nominated for an award? Anyone can make a nomination for an individual or group to be recognised with an award and the Scheme is focussing on 3 Big Society topics for the awards:

1. **Promoting social action** – people being more involved in their communities
2. **Empowering communities** – local people taking control of how things are done in their area
3. **Opening up public services** – public sector organisations and individuals demonstrating innovative ways of delivering public services. This includes voluntary sector organisations and private companies showing new ways of delivering public services.

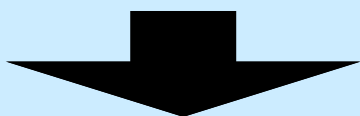
All winners will be announced within three months of each deadline – details of winners will be placed, one a week, on the Big Society Awards site. Remaining deadlines below:

Round 3 - deadline for nominations is May 9th 2011 at 6pm

Round 4 - deadline for nominations is August 8th 2011 at 6pm

Round 5 - deadline for nominations is October 4th 2011 at 6pm

Award winners will receive a certificate from the Prime Minister and will be invited to a Big Society Award Winners reception at Downing Street. To access the nominations form, go to the 'Online Resources' Page of the CAVOS website for the link to the online form or ring 0207 276 6072



The Protection of Freedoms Bill Update

The Bill was presented for the first reading to Parliament in September 2010 with the aim to change and update the Freedom of Information Act 2000. This Bill is a key aspect of Big Society which encourages people's personal freedom and rights to be protected. The wide range of reforms in the bill will put an end to unwarranted local authority snooping and unnecessary scrutiny of individuals. It will see:

- ⇒ an end to routine monitoring of millions of people under the Vetting and Barring Scheme
- ⇒ millions of householders protected from town hall snoopers checking bins or school catchment
- ⇒ scrapping Section 44 powers, used to stop and search thousands of innocent people
- ⇒ DNA samples and fingerprints of thousands of innocent people deleted from police databases
- ⇒ gay men able to clear their name for out-of-date convictions for consensual acts
- ⇒ thousands of motorists protected from rogue wheel clamping firms

The Bill was introduced with the aim of being implemented by late 2011 or early 2012. Despite a few parliamentary holdbacks, this date has not been changed - CAVOS will keep you updated.

One of the key outcomes of this new Bill is the massive 'scaling-back' of the Vetting & Barring Scheme. For more information on this scheme and other methods and systems you can use to 'vet' potential employees such as CRB checks, contact CAVOS on 01388 811115.

CAVOS cuts, difficult decisions & one really big question....

In February, CAVOS sent an email to all of our e-bulletin contacts requesting feedback on the future of CAVOS in light of our Durham County Council funding being cut.

We recognise that not all of the people we work with have access to email and therefore not everyone had the opportunity to offer their feedback in this poll. Unfortunately, CAVOS was in a position whereby we had a very short time frame in which to present ideas on our future direction. As ever, we wanted YOUR feedback on what you thought we should do. The quickest way that we could guarantee getting this feedback within the short timescale was via email.

This is what was included in the email:

'We all know that many local groups and organisations are being badly affected by the Government spending cuts. CAVOS is one of those organisations.

At present, we are continuing to provide all of our usual support services. However, we are also now being forced to make decisions about the future of CAVOS. These decisions include figuring out the best possible ways to deliver our support services in the future.

Durham County Council is one of our main funders and this funding is being cut. While we are carefully considering our options regarding our future, the Council wants a quick response from us regarding our plans.

There is absolutely no doubt that we will have to make some drastic changes. As always, we would like to have your views on the future of CAVOS and the services we offer.

We have one very important question that we would like to ask you. As the people we exist to support, it's you who will ultimately be affected by a change in the way that our services are provided.

The whole team at CAVOS would be extremely grateful if you would take the time to answer this question which will help us decide the best way forward for us, for you and for the Voluntary and Community Sector'

We asked groups what they would prefer:

1. A support service that is based within the local area, responds to local needs and offers 1-on-1 services and support (like CAVOS does now)
2. A support service that covers the whole of the County with a central office that may not be based locally (like the Unitary Authority)
3. Something else

An online response form was set up to collate the feedback which the email recipients could access through a simple link. The response we received was overwhelming and 95% of responses stated that a local service would be preferred. In addition, a range of insightful, supportive and well-informed comment were made by most people who responded. Thank you to everyone who fed back.

The results and feedback from this email poll were utilised by the CAVOS Trustees to play a big part in deciding the future direction for CAVOS.

If you didn't get an opportunity to offer their feedback as part of this poll but would still like to let us know your views, please contact Michelle at CAVOS on 01388 811115

So what's happening now?

We've now decided what our way forward is. Strategic meetings have been held with the County Council and other organisations to inform them of our current stance and future plans.

The letter on the next page is the formal response that CAVOS sent to Durham County Council, clearly stating the CAVOS position.

CAVOS Position Statement

Sent to Durham County Council February 2011

CAVOS was established over 10 years ago when it was recognised and acknowledged by all that to be effective, support for community and voluntary groups needs to be on a local basis not by a countywide structure as then existed. Several other CVS (Councils for Voluntary Service) were established at the same time throughout the County.

Those organisations have operated in the interests of their own area (former district boundaries) and the County as a whole for many years bringing in many thousands of pounds of extra revenue to the areas from a variety of sources and have aided the development of a thriving and informed community and voluntary sector.

The CVS organisations across the County have, over the years, worked together and have sought to work in partnership with Local Authorities to deliver some of the community outcomes required by the Local Authorities. In turn the District Councils and DCC funded some of that work.

As times change and, particularly as funding becomes limited, all organisations need to review the situation. The CAVOS Board has done this and has taken on board the views of our customers and beneficiaries. We accept that the former district boundaries are no longer formally recognised, however, the communities that CAVOS has traditionally served remain, as does the need of the voluntary groups in those communities for the services we provide.

Durham County Council has made it clear that it will now only support a single unitary CVS in the County (a collaborative partnership of existing organisations, or any sub-contracting arrangements, is not something it would support financially).

Having carefully considered the situation and taking on board the views of our customers and beneficiaries the CAVOS Board are committed to carrying on delivering a locally based and locally informed service. We believe a single countywide organisation with limited resources will only be able to deliver a considerably reduced service to our area.

We will continue to seek to work in partnership with any other organisation that allows us to provide a support service to the voluntary and community sector we have traditionally covered.

We will not be seeking to merge with other organisations to form a single countywide organisation. CAVOS strongly believes that voluntary sector organisations should be autonomous and not directed by any particular funder or Local Authority.

Funding is, and will be for some time, difficult, but CAVOS will continue to seek resources so that we can continue the commitment made to our community groups over 10 years ago.

Your Sincerely

Gillian Fortune - CAVOS Chief Officer

Julia Bowles - CAVOS Chair

CAVOS will continue to keep you informed of any developments in relation to our future plans and any key changes that are made. Obviously, we are in a time of great change. However, CAVOS still has some funding available from other sources to continue providing our support services until the end of March 2012 (*and we will seek sustainable funding sources to continue providing our services beyond this date*). We will keep you updated on an ongoing basis regarding our future plans beyond this date.

In the meantime....we're still here! Our services and support are better than ever and we're offering more resources, better training and bigger events than we ever have in the past. We're strongly encourage groups and organisations like yours to continue utilising CAVOS and taking full advantage of our brilliant, free support!

CAVOS Health Checks and Organisational Files

If you're concerned that your organisation may not have the correct policies or governance in place CAVOS can help! The CAVOS 'Group Health-Check' is an easy way to find out what you *should* have, what you *do* have and what support you actually *need* to help you get to where you want to be. We can help your group carry out a 'Health-Check' and provide Organisational Files to complete any gaps you have. Things to think about:

- ⇒ Even if you're not a registered charity you may still need certain policies in place – *we can help you with these*
- ⇒ You don't need to reinvent the wheel – *we already have model policies in place to adapt*
- ⇒ When was your Constitution formed? Is it still relevant? - *we can help you update it*
- ⇒ Not sure what training you and your group needs? - *we can help you to identify which areas and topics you need to brush up on and will also tell you which training courses you need*

It's very straightforward and won't take up much of your time at all. It's a free and easy way to get your organisation on track and working really well. We couldn't make the simple step-by-step approach easier if we tried!

This is a great way of prioritising the support and information you need, so get in touch make a start with the health-check and **help CAVOS to help you!** Contact CAVOS today!

Charity Registration & the Law - What you need to know

Is your organisation registered with the charity commission? Should it be?

CAVOS is aware that there are many groups and organisations who are doing some incredible work out there! However, sometimes we're all so focussed on the work that we're doing that we forget about other things that we need to do by law - like registering with the charity commission.

If your organisation meets certain criteria, then legally you must register with the charity commission to become.....a registered charity! There are 3 simple criteria that, if you meet them, mean you need to register as a charity:

- 1) **Your organisation has charitable aims** (*is 'not-for-profit'*)
- 2) **The main purpose of your organisation is to benefit the public**
- 3) **If your annual turnover is £5,000 or more**

The vast majority of voluntary organisations and community groups meet points one and two but they don't realise that they need to register as a charity once their income exceeds over £5,000. Many don't realise that this is a legal requirement and that they're breaking the law by not registering. Many more think it simply doesn't apply because they aren't aware of the criteria.

However, if all three criteria apply to your organisation then contact CAVOS for support to register with the charity commission. The process is straightforward and CAVOS are experts at helping you through the simple process. If you'd like more information on registering as charity or to have a chat with a member of our Team about the criteria and what they mean, ring us on 01388 811115

Social Enterprise - what is it all about?

Does your organisation have a social purpose that benefits the public? Does the main bulk of your work include delivering goods or services for money? Do you then feed your profits back toward achieving your social purpose?

If the answer is yes then your probably working as a social enterprise! Famous examples of social enterprises include *The Big Issue* or Jamie Oliver's *Fifteen* restaurant. Local examples include *Divine & Delicious* cafe and catering services and *Vegetantes* (both based in Spennymoor)

Social Enterprise isn't a type of organisation, it's a way of working. CAVOS has had significant interest in recent months, from people who would like to know more about this innovative and modern way of working. If you're interested and would like to know more then contact Laura at CAVOS

Ofcom Third Round of community radio licensing

Ofcom has opened the door to a fresh intake of applications for community radio licences. Applications for new licences will open on a region by region basis, starting with Wales and South West England. North East England and Cumbria's expected opening date for inviting applications is not until the second half of 2012 with the closing date for applications 3 months after opening. CAVOS will keep you updated.

CAVOS Safeguarding Forum has been launched!

CAVOS recognises that there is a great demand for more information on safeguarding children and young people. It can be a daunting topic, but CAVOS can take some of the pressure away by providing you with most of the advice, information and resources you need to keep children and young people safe. This is why we've chosen to set up an email based forum where we can pass on a range of information that relates to working with children and young people.

The first forum email was sent out in February 2011 but it's not too late for you to sign up - If you or your group don't work directly with children and young people but would like to be part of this forum, contact Michelle at CAVOS on 01388 811115 or email michelle@cavos.org.uk

Community Accounting Project CAVOS Treasurers Forum

This Forum is for treasurers or other committee members who would like an update on charity accounting (this includes smaller groups that aren't registered as a charity), would like to link with other treasurers or have any other queries relating to their role as treasurer. The forum is email based instead of meetings because we know how busy you are!

The first forum email was sent out in January 2011 but it's not too late for you to sign up - the emails will contain a range of information with the aim of promoting best practice, increasing awareness, providing support and it also includes a section for your questions and answers. Just think, two heads are usually better than one and someone out there might be able to give you some helpful advice!

REMEMBER: Most of you will find that your annual accounts will be due very soon. Don't wait until the last minute to think about it!

If you would like to be part of this forum contact Donna at CAVOS on 01388 811115 or donna@cavos.org.uk for more information or to register your interest

Sedgefield Community of Interest

Supporting Voluntary Groups that work with children and young people

The Community of Interest (COI) is a group of people who work together to ensure that voluntary groups and organisations working with children and young people can have access to the support they need.

The COI is more than just a meeting. We know it is important for you to receive information, but we also know how important it is for you to be able to ask questions and get the answers you need. CAVOS is one of the partners on the COI but there are a range of other organisations that specialise in delivering services and support to children and young people.

You don't have to attend our meetings, you can just sign up for information or better still join our networking group and come along to events and meet other volunteers or organisations that could help you.

If you would like to become a part of this important network contact CAVOS on 01388 811115 or Cornforth Partnership on 01740 652000

The COI is also developing a group of voluntary organisations that can come together to bid for funding that small organisations just can't get.

This could provide an opportunity for your group to do something new or find out how you can get paid for doing what you do best.

For more information on partnership funding opportunities, contact CAVOS

Networking Page

Get Active Get Cycling Reminder of upcoming dates

Get Active, Get Cycling is a scheme that offers a range of Away Days & Family Healthy Cycle Rides that anyone can take part in.

All rides are off road and led by qualified cycle marshals. Bikes and Helmets are available to loan for the rides free of charge and all rides are completely free.

Upcoming dates for Cycling away days & Family Healthy Cycle Rides:

Pioneering Care Centre, Newton Aycliffe:

⇒ **Sunday 8th May**, 10am

⇒ **Tuesday 21st June**, 5:30pm

⇒ **Sunday 14th August**, 10:00am

St Pauls Church, Spennymoor:

⇒ **Sunday 10th July**, 10:00am

Until 29th October 2011, Get Active Get Cycling is also delivering 2 weekend bike rides targeting young people and their families. Both sessions will run on a Saturday morning starting at 10am from Sedgfield, Hardwick Park and Coxhoe Leisure Centre respectively. Both rides start and finish at the same venue and last about 2 hours.

For more information about any of the planned rides contact Steven Hart on 0191 5692847 or email steven.hart@nhs.net

Park and Run for Fun

Calling all ladies looking to put your best foot forward and run for fun.

County Durham women aged 16 or over can sign up to a fun run with a choice of three and five kilometre routes at Hardwick Park, Sedgfield on **Sunday 15th May 2011**.

The event is being organised by Durham County Council's sport and physical activity team to highlight the wide variety of fitness opportunities now on offer. Entry is £3.

Deadline for entries is Monday 9th May.

Registration on the day of the event begins at 9.45am, ready for a warm-up session at 10.45am and race start time 11am.

For more information or to book a place call 0191 527 4738

New Lunch Club Launched at St Mary's Church

A new Lunch Club has opened in Newton Aycliffe, thanks to a partnership with local charity St Cuthbert's Care and St Mary's Church.

With initial advice and guidance through St Cuthbert's Care's 'PACE' (Parish And Community Engagement) project, Parish Priest Fr Michael Campion and volunteers from across the parish held their first Lunch Club at St Mary's Church on 24th March 2011.

The Lunch Club gives elderly people the chance to come along for a bite to eat and a chat, as well as the chance to make new friends.

Priced at just £3 per person, the Lunch Club will run every Thursday from 11am until 2pm and offers members a healthy lunch, as well as morning and afternoon refreshments. Anyone wishing to join St Mary's Lunch Club, or wanting further information, should call 01325 313 611.

Places are limited so pre-booking is essential

Aycliffe Village Local History Society

This Society welcomes anyone interested in local history, especially that of the Great Aycliffe area. Meetings are usually held on Wednesdays at 7pm at Aycliffe Village Hall. Upcoming events:

⇒ **18th May 2011** - George Nairn Speaking about North East Postcard Photographs

⇒ **15th June 2011** - Historic Walk around Richmond Town.

⇒ **13th July 2011** - Tony Smith Speaking about The Restoration of Hardwick Hall Country Park

If you'd like to know more about the Society, it's events and activities, contact Brian Gargate on 01325 312090, email gib8868@googlemail.com or visit the website www.aycliffehistory.org.uk

They are always looking for historical memorabilia, especially material to copy and put onto the website. If you have anything you would like them to access, please get in touch using the email or number above. Alternatively, contact the chairman, Harry Moses, on 01325 321773 or speak to any Society member.

Visit www.cavos.org.uk for details of local Easter holiday activities!

Networking Page

Feature Organisation - Sedgefield Bowls Club

Who we are: Sedgefield Bowls Club is a community bowls club that has been in running in Sedgefield for several decades and still continues to flourish.

What we do: Enjoy the sport of bowls! The Club is very welcoming to anyone who'd like to have a go for themselves. Members meet every Tuesday morning and Thursday morning & evening and again to play organised matches. In the winter they also meet on a Sunday and Monday afternoons to practice and play indoor bowls.



Why we're needed: The club is open to all age groups but is particularly beneficial for older players providing the opportunity to remain mentally and physically active as well as being a great social activity.

Where we are: The group meets at Ceddesfeld Hall in Sedgefield. All are welcome and they have facilities for wheelchair players.

It's all about community!

Thanks to receiving a £1,000 from the East Durham Rural Corridor Area Action Partnership (AAP) small grants fund managed and distributed by CAVOS, Sedgefield Bowls Club have been able to purchase a new carpet and a new set of bowls. The active members plus the Club's committee, recently had a get-together to excitedly un-wrap, mark-up and try out their brand new equipment! Their good fortune had a wider impact too as potential players from Quarrington Hill have been given the Club's old carpet and old set of bowls and will now be setting up a brand new bowls club for their own residents.

How to contact us: For more information about the club please contact Richard Pickering - Club Secretary
Phone: 01740 622608



Norman Teanby (Chair)
bowling with pride!

Happy Days Pre-Nursery School

This group is held in Bishop Middleham Village Hall on Tuesday and Friday mornings between 9am and 11am during school term time.

The group has fun, structured mornings with lots of opportunities for encouraging development and growth. Themes run each term to teach the children about their ever expanding world. Lots of activities are available from dressing up, books, puzzles and construction play to messy play, craft work, music and story time. For more details and costs ring Susan Newton on 01740 656935.

Trimdon Treasures & Tootill ABC

Family Fun Day - Monday 30th May, 11-4

There will be so much to do:

Fun House, Flame throwing, Trampolines, Music, Dance & Tootill ABC Boxing Displays, plus much more

Where is it?: On the field near The Bird in Hand, Trimdon Village (No parking available)
All money raised from this event will go back to the local community

For details ring Victoria on 07864992914 or visit www.trimdontreasures.co.uk

The CAVOS Team

We've had some good feedback from you about being able to familiarise yourselves with our lovely staff team so we've decided to keep us here so people can continue to check out the gang that's available throughout the year to offer support with a friendly smile.

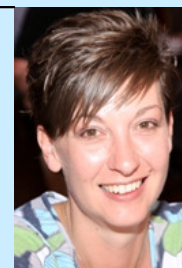


← Gillian Fortune - Chief Officer

Gillian represents CAVOS at a strategic level, working closely with the Board of Directors and is the one who brings in the money! Gillian also delivers training and provides development advice, guidance and support to the Sector.

Sharon Vasey - Volunteer Centre Manager →

Sharon's role is to manage all aspects of the Volunteer Centre's services. Each year, Sharon works with hundreds of volunteers and volunteer-involving organisations to provide advice, guidance, information and training.



← Laura Agar Wilson - Development Manager

Laura's role is to ensure delivery of the 'CAVOS Support and Development Programme', manage and deliver all Development Team services, deliver training, coordinate forums and provide development advice and support to the sector

Michelle Fortune - Organisational Development Officer →

Michelle's role is to ensure provision of the admin and support service, develop CAVOS as an effective organisation, manage CAVOS events, coordinate in-house systems, marketing and CRB Disclosure Service.



← Donna Zepernick - Information & Communications Officer

Part of the Development Team, Donna's role is to establish communication links, develop information materials for use in CAVOS services, conduct health checks, promote training and provide development advice and support to the sector.

Amanda Turner - Organisational Admin & Support Worker →

Amanda's role is to provide a range of support to CAVOS' Big Lottery funded projects, deliver admin and other support to the organisation. Amanda runs the CAVOS reception and is the friendly voice you hear when you ring our office!



← Tracy Bowman - Finance Officer

Tracy's role is to manage all finances and CAVOS accounts. A qualified and experienced accountant, Tracy works with CAVOS on a part-time basis.

